

PATIENT
INFORMATION FOR
**SPORT & EXERCISE
MEDICINE**

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The Bosworth Clinic

Dedicated Specialist Rehabilitation

Introduction

This service is available to anyone with daily activity limitations, ranging from patients with restricted mobility and common complaints of aches and pains, to amateur and elite level athletes.

With our extensive expertise of sports injuries and musculoskeletal disorders, our aim is to provide clarity on diagnosis and best management options to improve function and symptoms.

Tests & Treatments

Dr. Stefan Kluzek offers in-depth consultations as well as cutting-edge diagnostic methods. We provide a variety of medical imaging modalities, such as on access to cutting-edge MRI imaging and ultrasound diagnostics.

We treat sports injuries as well as acute and chronic musculoskeletal issues such as back pain, osteoarthritis, stress fractures, and tendinopathies.

We also provide professional advice on injury prevention and complex rehabilitation including concussion management.

What happens when you see Dr Kluzek?

Dr Stefan Kluzek will:

- Discuss your current clinical issue with you and, if applicable, with your carer;

- Obtain your consent and examine you in the clinic;
- Provide his rationale to assist you in determining the most effective treatment for your condition;
- Explain your treatment options. This might include recommending you for further testing, scans, or surgical assessments that have to be performed at a different location;
- Arrange tests, investigation or procedures, explaining how and when you will receive a date and what to do if the date is not suitable for you;
- Provide you with the results and explain what they mean (this may be done in a separate appointment with the specialist or by letter).

Before your appointment

If you have any questions, please write them down and bring them with you to the appointment. Bring a list of all the medications that you currently taking, including their strength and how often you take them, and including supplements or herbal remedies you may be taking. If you had any previous tests or scans, please bring results or previous clinical letters.

How long does a clinical assessment take?

The consultation and assessment lasts between 20 and 40 minutes, depending on the nature of your appointment.

Medicines

Dr. Stefan Kluzek might suggest prescribing new medicines for you or might want to make changes to the medicines that you are already taking. We will ask for your consent to write to your GP with these changes.

Payment

This is a private service, patients can self-pay for their treatment or use private medical insurance. Dr Kluzek is recognised by most mainstream insurance companies but authorisation must be gained before making an appointment.

Any medicines required will be prescribed on a private prescription redeemable at any pharmacy (you will need to pay for the cost of drugs).